

KH/LB/TM/InspirationalSpeaker

7th September 2026

Dear Parents/Carers,



Year 7 Inspirational Speaker Visit – Leah Chowdhry

Barr Beacon School

www.barrbeaconschool.co.uk

As part of our **Personal Development curriculum**, we are delighted to provide our Year 7 pupils with the opportunity to attend an inspirational talk delivered by **Leah Chowdhry** on **Monday 21 September**. The session will take place **during the normal school day**, and pupils will attend as part of their school timetable.

Leah is the first British Asian woman to swim the English Channel and has raised **£250,000 for charity**. Through her remarkable story, she inspires young people to develop resilience, confidence and self-belief, encouraging them to recognise their potential and develop a positive approach to the challenges they may face.

This opportunity forms part of our commitment to providing a rich Personal Development curriculum that extends beyond the classroom. We want our pupils to have opportunities to learn from the experiences of others, develop the knowledge and personal qualities they need for life, and become confident, resilient and responsible young people.

During the session, Leah will explore themes including:

- resilience and perseverance;
- confidence and self-belief;
- developing a positive mindset;
- overcoming challenges and responding positively to setbacks;
- setting and working towards personal goals; and
- developing an **"I Can" attitude** and taking responsibility for their choices and actions.

The session also links closely to our school value of **"Own What You Do."** We want our pupils to understand the importance of taking ownership of their choices, attitudes and responses. Leah's story provides a powerful example of how determination, personal responsibility and perseverance can help us overcome challenges and achieve our goals.

As our Year 7 pupils begin an important new chapter in their education, this experience will complement their wider Personal Development learning and encourage them to approach secondary school with **confidence, ambition, resilience and a belief in what they can achieve**. We are very pleased to be able to offer our Year 7 pupils this opportunity and look forward to welcoming Leah to our school.

Yours sincerely,

Mrs K Hibbs
Headteacher



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EDUCATION WITHOUT EXCEPTION

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