

Ref: KHI/JCR/CAMHS-Parent-Carer-Workshops

13th April 2026



Barr Beacon School
www.barrbeaconschool.co.uk

CAMHS Parent/Carer Workshops

Dear Parents/Carers,

At Barr Beacon School, our curriculum intent is to build successful, resilient and confident individuals. We recognise that achieving this goes far beyond academic success alone, it requires a strong focus on mental health, emotional wellbeing and safeguarding.

We understand that mental health difficulties can affect not only the child, but the whole family. As a school, our safeguarding approach does not stop at the school gates. We are committed to working in partnership with families and offering support. This may include providing food vouchers, making referrals to external services, meeting with families to offer guidance, and, where appropriate, carrying out home visits. Our aim is always to ensure that families feel supported, listened to and able to access the right help at the right time.

As part of this commitment, we are pleased to share a series of Parent/Carer Workshops delivered by CAMHS through the NHS Black Country Healthcare Foundation Trust. These workshops are designed to support parents and carers in understanding and responding to a range of mental health needs that children and young people may experience.

The sessions are delivered online via Microsoft Teams (12-1pm) and cover the following areas:

- 22.04.2026 – Anxiety
- 27.05.2026 – Understanding Autism
- 17.06.2026 – Low mood in Children
- 15.07.2026 – Anger Conduct
- 23.09.2026 – Trauma with attachment
- 21.10.2026 – Self Harm with DBT skills
- 18.11.2026 – Anxiety and OCD

If you would like to register your interest in attending any of these workshops, please contact CAMHS directly, asking for either Andrea Ehgartner or Nicole Whitehouse on 01922 607400.

If you have any concerns about your child's wellbeing, or feel that your family may benefit from further support, please do not hesitate to contact us via your child's House Office, postbox@barrbeaconschool.co.uk.

Yours sincerely,

Mrs K Hibbs
Headteacher



Barr Beacon School
Old Hall Lane
Aldridge
Walsall
WS9 0RF
West Midlands



Matrix
Academy Trust
EDUCATION WITHOUT EXCEPTION

0121 366 6600



Barr Beacon School



@barrbeacon.school



postbox@barrbeaconschool.co.uk

