KH/TM/SmashedPerformance

11th March 2026

Dear Parents and Carers,

Smashed – Performance Year 7 Friday 13th March

Barr Beacon School
www.barrbeaconschool.co.uk

I am writing to inform you that on Friday 13th, Year 7 pupils at Barr Beacon School will take part in a performance and follow-up workshop called "Smashed", delivered by Collingwood Education. This programme is widely used in schools to support young people in understanding the risks associated with alcohol and the importance of making safe, informed choices. This forms part of our Personal Development programme, designed to ensure that our pupils are able to make safe and sensible choices.

"Smashed" is an engaging theatre production that follows the story of a group of teenagers at a party. Through the performance, pupils see how decisions about alcohol can affect friendships, behaviour and safety. The performance is followed by an interactive workshop where pupils are encouraged to discuss the themes raised in the play, explore the pressures young people can face, and consider strategies for making positive decisions.

A key focus of the programme is helping pupils understand peer pressure and how it can influence behaviour. The workshop gives pupils practical strategies for managing situations where they may feel pressured by others and encourages them to think about the consequences of their choices. As a school, we believe it is important that pupils receive clear and factual education about alcohol and the potential risks associated with it from an early age. Programmes such as this help young people develop confidence to make safe decisions and understand the impact alcohol can have on their health, wellbeing and relationships.

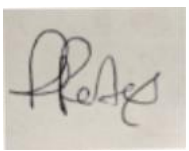
Parents and carers play a vital role in supporting these messages. Talking openly with your child about alcohol, peer pressure and making safe choices can help reinforce the learning from the session.

If you would like further advice or support regarding young people and alcohol, the following organisations provide guidance for families:
- Talk to Frank – https://www.talktofrank.com
- WithYou – https://www.wearewithyou.org.uk
- Aquarius – https://aquarius.org.uk

These organisations offer confidential advice and support for young people and families who may have concerns about alcohol or substance use. We look forward to pupils benefiting from this informative and engaging programme, which forms part of our wider commitment to supporting the health, safety and wellbeing of all students at Barr Beacon School. If you have any questions, please contact us via postbox@barrbeaconschool.co.uk
Thank you for your continued support.

Yours sincerely,

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Matrix Academy Trust
EDUCATION WITHOUT EXCEPTION

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