

CORE PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	CORE SKILL DEVELOPMENT Rotation of: Football, Swimming, Badminton, Touch Rugby, Basketball				Rotation of: Rounders, Cricket, Athletics	
8	CORE SKILL DEVELOPMENT Rotation of: Netball, Table Tennis, Water Polo, Handball				Rotation of: Rounders, Cricket, Athletics	
9	USING CORE SKILLS TO DEVELOP TACTICS & STRATEGIES Rotation of: Football, Swimming, Basketball, Touch Rugby, Badminton				Rotation of: Rounders, Cricket, Athletics	
10	USING CORE SKILLS TO DEVELOP TACTICS & STRATEGIES Rotation of: Water Polo, Badminton, Table Tennis, Handball				Rotation of: Rounders, Cricket, Athletics	
11	<i>APPLYING TACTICS & STRATEGIES & LEADING YOUR OWN ACTIVITIES</i> Pupils to follow one of the following rotations (that they have autonomy over): A: GITD, Netball, Badminton, Fitness, Rounders, Athletics B: Football, Basketball, Spikeball, Fitness, Football, Cricket C: Spikeball, Table Tennis, Basketball, Badminton, Rounders, Athletics D: Fitness, Badminton, Table Tennis, Netball, Athletics, Rounders E: Water Polo, Touch Rugby, Handball, Spikeball, Softball, Athletics F: Badminton, Swimming, Netball, Football, Rounders, Athletics					

GCSE PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	Applied Anatomy & Physiology	Applied Anatomy & Physiology	Movement Analysis	Physical Training	Use of Data Personal Exercise Programme	Personal Exercise Programme
11	Personal Exercise Programme Health and Performance	Health and Performance Sport Psychology	Sport Psychology Socio-cultural Influences	Use of Data Exam Preparation	Exam Preparation	Exam Preparation

BTEC Sport

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	Component 2 <i>Taking part and improving other participants sporting performance</i> LA.A – understand how different components of fitness are used in different physical activities LA.B – be able to participate in sport and understand the roles and responsibilities of officials LA.C – planning drills and conditioned practices to develop participants sporting skills		Component 2 - PSA Students to complete all three Component 2 assignments	Component 1 <i>Preparing to take part in sport</i> LA.A – explore types and provision of sport and physical activity for different types of participant LA.B - examine equipment and technology required for participants to use when taking part in sport and physical activity LA.C – be able to prepare participants to take part in physical activity		Component 1 - PSA Students to complete all three Component 1 assignments
11	Component 3 <i>Developing fitness to improve other participants performance in sport and physical activity</i> Exam Preparation		Course Complete			

BTEC Sport & Exercise Science

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	<p>Unit 2 <i>Functional Anatomy</i></p> <p>LA.A – anatomical positions LA.B – anatomy of the cardiovascular system LA.C – anatomy of the respiratory system LA.D – anatomy of the skeletal system</p>	<p>Unit 2 <i>Functional Anatomy</i></p> <p>LA.E – anatomy of the muscular system LA.F – Analysis of movement</p>	<p>Unit 7 <i>Biomechanics in sport and exercise science</i></p> <p>LA.A – investigate linear motion in sport and exercise activities</p>	<p>Unit 7 <i>Biomechanics in sport and exercise science</i></p> <p>LA.B – examine forces acting on sports performers and their equipment</p>	<p>Unit 7 <i>Biomechanics in sport and exercise science</i></p> <p>LA.C – investigate angular motion in sport and exercise activities</p>	<p>Unit 3 <i>Applied sport and exercise psychology</i></p> <p>LA.A – motivation for sports and exercise</p>
11	<p>Unit 3 <i>Applied sport and exercise psychology</i></p> <p>LA.B – competitive pressure in sport LA.C – effects of self-confidence, self-efficacy and self-esteem on sport and exercise performance LA.D – mindset in sport and exercise performance</p>	<p>Unit 3 <i>Applied sport and exercise psychology</i></p> <p>LA.D – mindset in sport and exercise performance LA.E – group dynamics in sport</p>	<p>Unit 3 <i>Applied sport and exercise psychology</i></p> <p>Exam Preparation</p> <p>Unit 6 <i>Coaching for performance and fitness</i></p> <p>LA.A – investigate coaching for performance and fitness</p>	<p>Unit 6 <i>Coaching for performance and fitness</i></p> <p>LA.B – explore practices, adaptations and measures used to develop performance and fitness</p>	<p>Unit 6 <i>Coaching for performance and fitness</i></p> <p>LA.C – demonstrate effective planning of coaching to develop performance and fitness LA.D – explore the impact of coaching for performance and fitness</p>	<p>Course Complete</p>

Child Development

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	Component 1 <i>Children's growth and development</i> LA.A – understand the principles of growth and development		Component 1 <i>Children's growth and development</i> LA.B – understand how factors impact on children's overall development		Component 1 - PSA Students to complete all three Component 1 assignments	
11	Component 2 <i>Learning through play</i> LA.A – understand how children play LA.B – understand how children's learning can be supported through play	PSA Students to complete all three Component 2 assignments	Component 3 <i>Supporting children to play, learn and develop</i> LA.A – Investigate individual needs that may impact on play, learning and development LA.B – create safe environment to play, learning development in children aged 0-5 LA.C – adapt play to promote inclusive learning and development		Component 3 <i>Supporting children to play, learn and develop</i> Exam Preparation	Course complete