

# PSYCHOLOGY SELF- QUIZZING BOOKLET

1. First column- write down what you remember from your own long term memory (no notes/organisers)
2. Then add on any missing information in green pen using your notes/knowledge organiser
3. Now revise over this information by repeating it out loud to yourself
4. Second column- Now write what you remember after revising
5. Check what you have written against the first column and add any missing information
6. Third column- repeat steps for second column

Hopefully you can see the amount of green pen being added reduce by the time you have got to the third column!

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

KEY STUDIES	<i>Add in AMRC, Strength/Weakness</i>	<i>Attempt 1 (Cover first column, write, check)</i>	<i>Attempt 2</i>
<b>Memory:</b> Bartlett war of ghosts	A:  M:  R:  C:  +  -		
<b>Memory:</b> Murdock serial position			
<b>Perception</b> expectation: Bruner and Minturn			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<b>Perception</b> motivation: Gilchrist and Nesberg			
<b>Development</b> conservation: McGarrigle and Donaldson 'naughty teddy'			
<b>Development</b> egocentrism: Hughes Policeman doll			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<b>Social influence</b> conformity: Asch			
<b>Social influence</b> bystander: Pilivain subway			
<b>Brain and neuropsychology:</b> Tulving 'gold'			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<p><b>Brain and neuropsychology:</b> Penfield's interpretive cortex</p>			
<p><b>Psychological problems</b> addiction: kajj's twin study</p>			
<p><b>Psychological problems</b> depression: Wiles treatments</p>			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<p><b>Language and thought:</b> Von Frisch bee's</p>			
<p><b>Language and thought</b> learned: Yuki emoticons</p>			
<p><b>KEY THEORIES</b></p>	<p><i>5/6 points about theory, Strength/Weakness</i></p>	<p><i>Attempt 1 (Cover first column, write, check)</i></p>	<p><i>Attempt 2</i></p>
<p><b>Memory</b> Multi-store model</p>	<p><b>Sensory memory</b> Coding- Capacity- Duration- <b>STM</b> Coding- Capacity- Duration- Maimane rehearsal- <b>LTM</b> Coding- Capacity- Duration- Retrieval- +  -</p>		

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<b>Memory</b> Types of long term memory			
<b>Memory</b> Bartlett reconstructive memory			
<b>Perception</b> Gregory's constructivist theory			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<p><b>Perception</b> Gibson's direct theory</p>			
<p><b>Development</b> Piaget's stages of cognitive development</p>			
<p><b>Development</b> Dweck's mindsets</p>			



## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<b>Development</b> Learning styles			
<b>Development</b> Willingham learning theory			
<b>Social</b> Agency theory of obedience			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<p><b>Social</b> Authoritarian personality theory of obedience</p>			
<p><b>Brain and neuropsychology:</b> Localisation (FPOT)</p>			
<p><b>Brain and neuropsychology</b> James lange theory of emotion</p>			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<p><b>Brain and neuropsychology:</b> Hebb's theory of plasticity and neural growth</p>			
<p><b>Psychological problems</b> Biological explanation of depression (Low serotonin)</p>			
<p><b>Psychological problems</b> Biological treatment of depression (Anti-depressants SSRI's)</p>			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<b>Psychological problems</b> Psychological explanation of depression (Cog)			
<b>Psychological problems</b> Psychological treatment of depression (CBT)			
<b>Psychological problems</b> Psychological explanation of addiction (SLT)			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<p><b>Psychological problems</b> Treatment of addiction Aversion therapy</p>			
<p><b>Psychological problems</b> Treatment of addiction Self management</p>			
<p><b>Language and thought:</b> Piaget's explanation of language</p>			

## KEY STUDIES AND THEORIES PAPER 1 AND 2: SELF QUIZZING

<p><b>Language and thought:</b> Sapir Whorf explanation of language</p>			
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