Our Ref: LD/Y13SelfIsolate

Dear Parents/Carers,

### Advice for Child to Self-Isolate for 14 Days



# *<u>I am writing to you with important information</u>. We have been advised that there has been a confirmed case of COVID-19 within the school.</u>*

Apologies if this letter feels somewhat impersonal but it is a standard letter from Walsall Public Health Team and I am required to send this out. I recognise that receiving this letter may be frustrating as our students have done all that we ask of them. But given the nature of the virus, simply sitting in a classroom next to someone who has tested positive, requires action to prevent further spread.

We have identified that your Year 13 child has been in contact with the affected case. In line with the national guidance we ask that your child now <u>stays at home</u> and self-isolates until the 24<sup>th</sup> September. Your child should return to school on **Friday 25<sup>th</sup> September**. Your child must not go to school or any public areas: your child must remain at home. Further details of what your child needs to do are in NHS Guidance:

https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact your local Council.

Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period.

If your child is well at the end of the period of self-isolation, then they can return to usual activities.

## What to do if your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

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If your child develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. At that time all other household members must also stay at home, not go to work, school or public areas, even for exercise.

Testing can be arranged by calling 119 or via the NHS website: nhs.uk/coronavirus

When the result of the child's test is known further advice will be available.

#### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

#### **Further information**

Further information is available at nhs.uk/coronavirus

#### Lessons and Learning From Home

During your child's period of isolation, lessons will still be available at the normal scheduled times on TEAMS. If you have any queries with regard to online lessons please contact Head of Sixth Form, Mrs Osborne.

Since receiving notification that one of our students has tested positive, I have spoken to Public Health England. This is currently an isolated case in the school.

If you or your family require any further support please contact postbox@barrbeaconschool.co.uk

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Yours sincerely

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Ms L Draycott Headteacher

Barr Beacon School

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