



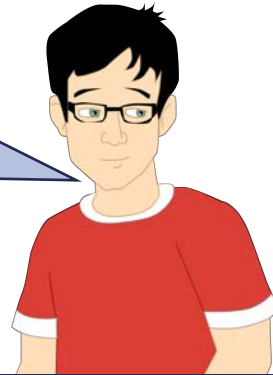
**Sarina:** Lockdown affected Ramadan for me this year as it is a time that is usually spent with family and friends. However, spending time with my parents and breaking our fast with Iftar\* has made us a lot more appreciative of things.

**‘100 DAYS IN!’**

***As we pass 100 days of lockdown, how have you been affected?***



**Josh:** I have been affected by the lockdown as I did not get to sit my GCSE exams, despite working towards them for the past few years. It is a bit unnerving to think about what my results will be and how this might affect me in the long term.



**Marcus:** I have been helping my family a lot more during lockdown as both my grandparents have been unable to go shopping or collect their medicines. It means that I have given up my time to support them which has made me a lot more responsible.



**MEGAN:** I feel as though my confidence has been affected by the lockdown as I am typically very outgoing and sociable however I now feel a lot less comfortable around other people. It has made me more anxious about going out so I'm not sure how I'll feel as more things return to 'normal'.



\*Iftar: the meal eaten by Muslims after sunset during Ramadan

Link to videos and articles about 100 days of lockdown:  
<https://www.bbc.co.uk/news/live/uk-England-53177496>