
















PSHE Overview 2021-22

Year Group	Autumn 1 (Weeks x 7)	Autumn 2 (Weeks x 7)	Spring 1 (Weeks x 7)	Spring 2 (Weeks x 6)	Summer 1 (Weeks x 5)	Summer 2 (Weeks x 7)
7	 <p>Barr Beacon and Me</p> <p>Beacon Values x 6</p> <ul style="list-style-type: none"> Our school's ethos and values Fundamental British Values Historical and current role models Literacy and oracy opportunities <p>Being a member of a community x 1</p> <ul style="list-style-type: none"> Acceptable language & behaviour Sexism Racism 	 <p>Relationship and feelings/self-management</p> <p>E-safety x 2</p> <ul style="list-style-type: none"> Staying safe online (threat from peers as well as adults) Sharing information Harmful content Help and support <p>Anti-bullying Week x 1</p> <ul style="list-style-type: none"> Unite against bullying <p>Bullying x 1</p> <ul style="list-style-type: none"> Types of bullying Why people get bullied Being assertive <p>Family and Relationships x 2</p> <ul style="list-style-type: none"> Different families Family conflict Changes in the family Positive relationships and friendships+ unhealthy power dynamics <p>Getting Organised x 1</p> <ul style="list-style-type: none"> Time Management and organisational skills 	 <p>Healthy minds and lives</p> <p>Mental health and Emotional Wellbeing x 2</p> <ul style="list-style-type: none"> Mental health conditions Sign and indicators Consequences Help and support Self-esteem <p>Substance abuse x 3</p> <ul style="list-style-type: none"> Alcohol What are drugs? Effects Addiction Help and support <p>Run, hide, tell (Terrorism) x 1</p> <ul style="list-style-type: none"> Run, hide tell procedures Reporting suspicious activity <p>Being a good citizen x 1</p> <ul style="list-style-type: none"> Antisocial behaviour 	 <p>Keeping Safe as a member of UK society</p> <p>Parliament x 2</p> <ul style="list-style-type: none"> What is parliament? Government and Parliament The House of Commons and House of Lords <p>Safety x 2</p> <ul style="list-style-type: none"> Potential dangers How to use 999 or 112 <p>Animal Welfare x 2</p> <ul style="list-style-type: none"> Animals and us The RSPCA The law Animal care 	 <p>Finance and Future</p> <p>Careers x 4</p> <ul style="list-style-type: none"> Self-Awareness Guess My Job Transitions Start Profile <p>Personal Finance x 2</p> <ul style="list-style-type: none"> Bank accounts Saving Payment methods Spending 	 <p>Growing up</p> <p>Health x 2</p> <ul style="list-style-type: none"> Puberty Boys and Girls <p> Link to Science curriculum</p> <p>School Diversity Week x 2</p> <ul style="list-style-type: none"> Celebrating the LGBTQ+ community Homophobic language Equality <p>Health x 4</p> <ul style="list-style-type: none"> Hygiene Substance misuse Healthy lifestyles Sleep Self-Esteem
8	 <p>Barr Beacon and Me</p> <p>Beacon Values x 6</p>	 <p>Relationship and feelings/self-management</p>	 <p>Healthy minds and lives</p>	 <p>Finance and Future</p> <p>Careers x 4</p>	 <p>Relationships and Sex</p> <p>Health and Relationships x 6</p>	 <p>Keeping Safe as a member of UK society</p> <p>First Aid x 2</p>









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	<ul style="list-style-type: none"> Our school's ethos and values Fundamental British Values Historical and current role models Literacy and oracy opportunities <p>Being a good citizen x 2</p> <ul style="list-style-type: none"> Anti-social behaviour Community The law 	<p>Bullying x 2</p> <ul style="list-style-type: none"> Why people are bullied Indicators Dealing with bullying Help and support Empathy <p>Anti-bullying Week 16.11.20 x 1</p> <ul style="list-style-type: none"> Unite against bullying <p>E-Safety x 2</p> <ul style="list-style-type: none"> Sexting The online world v's the real world Unhealthy comparisons Harmful online behaviours Help and support <p>Disability and Discrimination x 2</p> <ul style="list-style-type: none"> Definitions Why? Effects of stereotyping, prejudice, racism and discrimination Protected characteristics and the Equality Act 2010 	<p>Mental health, self-esteem and emotional wellbeing x 6</p> <ul style="list-style-type: none"> Conditions Early signs Self-harm Family and the wider community Addition and mental health Types of addiction Self-esteem and negative emotions Dealing with pressure Assertive behaviour Help and support Mindfulness <p>Bereavement x 1</p> <ul style="list-style-type: none"> Feelings and bereavement Helping others Religion and bereavement Help and support 	<ul style="list-style-type: none"> Labour Market Information Stereotypes An Introduction to Apprenticeships Start Profile + Virtual University Tour and Quiz <p>Personal Finance x 2</p> <ul style="list-style-type: none"> Budgeting Debt Loans Credit Long-term savings 	<ul style="list-style-type: none"> Ages, consent, the law Underage sex Saying 'no' Love STI's Contraception Sex in the media Pornography Stable, positive relationships 	<ul style="list-style-type: none"> Primary survey Recovery position CPR <p>School Diversity Week x 1</p> <ul style="list-style-type: none"> Celebrating the LGBTQ+ community Equality Language/pronoun choices <p>First Aid x 2</p> <ul style="list-style-type: none"> Asthma attack Minor bleed Infection control Effective communication Emergency calls Managing an incident <p>Smoking x 1</p> <ul style="list-style-type: none"> Cigarettes Components including nicotine Harm The law Help and support
9	 <p>Barr Beacon and Me</p> <p>Beacon Values x 6</p> <ul style="list-style-type: none"> Our school's ethos and values Fundamental British Values Historical and current role models Literacy and oracy opportunities 	 <p>Relationships and Sex</p> <p>Health and Relationships x 2</p> <ul style="list-style-type: none"> The law Managing sexual pressure and choices Teenage pregnancy <p>Anti-bullying Week 16.11.20 x 1</p> <ul style="list-style-type: none"> Unite against bullying 	 <p>Finance and Future</p> <p>Personal Finance x 2</p> <ul style="list-style-type: none"> Branch v's online banking Bank charges, Interest, APR's Smart consumers Value for money <p>Careers x 4</p>	 <p>Keeping Safe as a member of UK society</p> <p>Staying safe / CSE and grooming x 2</p> <ul style="list-style-type: none"> Exploitation and Grooming – what, how, where, why? Indicators County lines The law Consent Help and support <p>Gangs and Knife Crime x 2</p>		 <p>Healthy minds and lives</p> <p>Healthy Eating / Lifestyle Choices x 2</p> <ul style="list-style-type: none"> Healthy diet/Obesity Exercise Lifestyle choices Sleep Organ donation Personal hygiene Self examination



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	<p>LGBTQ Awareness x 2</p> <ul style="list-style-type: none"> Challenges faced by the LGBTQ+ community now and historically Why promoting LGBTQ+ rights is essential Stereotypes and sexual orientation 	<p>Health and Relationships x 4</p> <p>Consent</p> <p>STI's</p> <p>Contraception</p> <p>Body image</p> <p>Pornography</p> <p>Reproductive health</p> <p>Teenage pregnancy</p> <p>Help and support</p>	<ul style="list-style-type: none"> Skills Audit Work Life Balance Work Experience Start Profile + Employer engagement Teams event 	<ul style="list-style-type: none"> Gangs The community Consequences of violent crime Joint enterprise <p>Substance misuse x 2</p> <ul style="list-style-type: none"> Alcohol, Binge drinking, Risky behaviour, Units The law Peer pressure, Addiction Help and support <p>Human Rights x 2</p> <ul style="list-style-type: none"> Entitlement to human rights Human rights campaigners Children's rights Respect, The law and the Equality Act 2010 <p>12 Angry Men x 4</p> <ul style="list-style-type: none"> Rule of law – juvenile justice, democracy, juries Own what you do, Act responsibly 	<p>School Diversity Week x 3</p> <ul style="list-style-type: none"> Celebrating the LGBTQ+ community Equality & body image Challenges faced by the LGBTQ+ community <p>Personal Hygiene / Skin Care x 2</p> <ul style="list-style-type: none"> Body image Importance of personal hygiene/Skin care <p>Sun Safety x 1</p> <ul style="list-style-type: none"> Cancer – types, focus on skin cancer Staying safe in the sun Benefits of being outdoors 	
<p>10</p>	 <p>Barr Beacon and Me</p> <p>Beacon Values x 6</p> <ul style="list-style-type: none"> Our school's ethos and values Fundamental British Values Historical and current role models Literacy and oracy opportunities <p>To Kill a Mockingbird x 2</p> <ul style="list-style-type: none"> Equal to everyone Never Discriminate Empathy Rule of law 	 <p>Finance and Future</p> <p>Personal Finance x 2</p> <ul style="list-style-type: none"> Tracking finances Credit and APR Loan sharks Payday loan Credit Unions HP CCJ's Bankruptcy Financial choices / being a responsible consumer <p>Careers x 4</p> <ul style="list-style-type: none"> Your Options After Year 11 Labour Market Information 	 <p>Religious Education</p> <p>RE / Exploring different faiths x 7</p> <ul style="list-style-type: none"> Life Death Heaven, hell and purgatory Christian beliefs Resurrection Hindu beliefs Celebrating the end of life 	 <p>Relationships and Sex</p> <p>Health and Relationships x 6</p> <ul style="list-style-type: none"> Relationship changes Pressure in relation to sexual activity Family relationships What family means to different people / groups Sexual identity Pregnancy and miscarriage Options following birth Fertility STI's – HIV and AIDS specifically Negative relationships Pornography The law 	 <p>Healthy minds and lives</p> <p>FGM x 1</p> <ul style="list-style-type: none"> FGM – what, when, who? Consequences of FGM, the law <p>Mental health x 2</p> <ul style="list-style-type: none"> Influence of positive relationships Stress Formal and informal support Exam pressure Gaming addiction and mental health <p>Substance misuse / Addiction x 2</p>	 <p>Keeping Safe as a member of UK society</p> <p>Cancer Care – Self-checking x 2</p> <p>Politics x 2</p> <ul style="list-style-type: none"> Democracy Voting and elections Political parties Government Brexit European and world politics <p>School Diversity Week x 1</p> <ul style="list-style-type: none"> Celebrating the LGBTQ+ community Equality Language choices



	<p>Respectful behaviour</p> <ul style="list-style-type: none"> • Hard lessons from 2021 • Sarah Everard 	<ul style="list-style-type: none"> • Is Your Future Really Your Choice? • Start Profile + Virtual Work Experience/ Workplace Visit 		<ul style="list-style-type: none"> • Help and support 	<ul style="list-style-type: none"> • Drugs/Classifications • The law • Psychoactive substances • What to do in an emergency • Help and support <p>Managing criticism and praise / self-esteem x 1</p> <ul style="list-style-type: none"> • Positive and negative self-esteem • Delivering difficult information • Body language • Coping with negative comments 	 <p>Relationships and Sex</p> <p>Expect Respect – Healthy Relationships x 3</p> <ul style="list-style-type: none"> • Gender stereotyping • Unhealthy and coercive relationships • Teenage relationship abuse • Sexual harassment
11	 <p>Finance and Future</p> <p>Target Setting x 1</p> <ul style="list-style-type: none"> • Reflection on prior achievements • SMART targets for Year 11 <p>Personal Finance x 2</p> <ul style="list-style-type: none"> • Buying a home • Alternatives to buying • Inflation • Investing money • Planning ahead • Private and state pensions <p>Careers x 4</p> <ul style="list-style-type: none"> • Writing a CV and Cover Letter • Adapting your CV to a Job Advertisement • Mock Interview • Start Profile + Virtual Careers Fair <p>Personal Statements x 5</p> <ul style="list-style-type: none"> • Detailed, accurate and honest • Justification and evidence to back up the statement 	 <p>Relationships and Sex</p> <p>Health and Relationships x 6</p> <ul style="list-style-type: none"> • HIV and AIDS • Testing • STI's • Contraception • Successful relationships • Delaying sexual activity • Unintended pregnancy • Victim blaming • Help and support 	 <p>Religious Education</p> <p>RE / Exploring ethical issues x 6</p> <ul style="list-style-type: none"> • Value of life • The environment and ethics • Treatment of animals • Wealth and poverty • Medical ethics – beginning and end of life 	 <p>Healthy minds and lives</p> <p>Managing different relationships x 2</p> <ul style="list-style-type: none"> • Marriage • Successful relationships • Family life • Parental responsibilities • Impact on families of changing circumstances • Family crisis • Help and support <p>Substance abuse x 2</p> <ul style="list-style-type: none"> • Addiction • Impact on wider society • The law • Prescription drug misuse • Help and support <p>Body Image x 2</p> <ul style="list-style-type: none"> • Pressure to look perfect • Physical stereotypes 		



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	 <p>Relationships and Sex</p> <p>Healthy Relationships x 2</p> <ul style="list-style-type: none">• Different teenage relationships• Grooming and exploitation• Pornography and distortion of relationships / sexual activity• Forming successful supportive relationships			<ul style="list-style-type: none">• Media influences• Eating disorders• Help and support	
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